



Food Menu*

All-Day Breakfast (until 4pm)

The Fidget & Bob Breakfast Wrap:

- Sausage, Cheese, Hash Brown, Egg, Baked Beans 4.00
- Mushroom, Cheese, Hash Brown, Egg, Beans 4.00 (V)

Buttered Toast 1.00

Add Jam, Marmalade, Nutella, Marmite, Peanut Butter +0.35EA (V)

Scrambled Eggs:

3 Free-Range Eggs & Toast 3.50 (V)

- **Add:** Smoked Salmon 3.00
- Bacon 1.50
- Bacon + Mushrooms 2.50
- Roasted Mushrooms 1.00 (V)
- Sausage 1.50

Freshly Pressed Raw Juice 2.80 (V)

Check the board or ask at the counter

Freshly Baked Croissants 1.20 (V)

Baked fresh in-store every day

MOMA Porridge 1.80 (V)

*Instant porridge – in a pot!
(Low sugar, gluten-free & vegan options)*

Hot Sandwiches:

- **“The Hangover”** – Sausage, Bacon & Egg 5.50
- Bacon (or Sausage) Sandwich 3.50
- Bacon + Fried Egg Sandwich 4.50
- Sausage + Fried Egg Sandwich 4.50
- Double Fried Egg Sandwich 3.50 (V)

Brioche French Toast with:

- Bacon & Maple Syrup 4.50
- Fried Egg & Bacon 4.50
- Fried Egg 3.50 (V)
- Golden Syrup & Butter 3.00 (V)
- Nutella **or** Peanut Butter (V)

Toasties & Sandwiches

Cold Sandwiches:

- Cheese Salad Sandwich 3.50 (V)
- Ham Salad 3.80
- Chicken Salad 4.20
- Tuna Mayo & Cucumber 4.20
- Smoked Salmon & Cream Cheese 4.50

Toasted Paninis: (Gluten-free Panini +0.50)

- **Ham, Wholegrain Mustard**, Cheese, Onion & Tomatoes 4.20
- **Chicken, Ham & Mushroom** 4.30
- **Spicy Pepperoni**, Chilli Garlic Passata, Onion, Peppers, Cheese 4.40
- **Tuna Melt:** Tuna, Mayo, Cheese, Onion 4.50
- **Sweet Potato Pakora**, Chickpeas, Hummus, Pumpkin & Sunflower Seeds, Spinach & Tomatoes 4.30 (VG)

Toasties:

- Ham & Cheese 3.50
- Cheese, Tomato & Onion 3.30 (V)

Please check the board for daily specials

V = Vegetarian VG = Vegan GF = Non-Gluten Containing Ingredients Please speak to staff if you have food allergies.

Eating and drinking together - the original social network.

www.FidgetAndBob.co.uk

Opening Hours - Tues-Fri 0730-2130; Sat 0900-2130; Sun 0900-1800. Mon Closed.

*Last Orders: Food = closing time minus 1 hr; Drinks = closing time minus 30mins



Food Menu*

A Fidget & Bob Special - Home-Made Fresh Soup Noodle Pot

Rice Noodles in Aromatic Soup with

- BBQ Char Sui Pork • Won Ton Dumplings •
- Corn-Fed Chicken • Tofu & Veg (Vegan) •

- **BBQ Char Siu Pork Pot:** BBQ Char Siu Pork, Rice Noodles, Bak Choi, Spring Onions, Chicken Soup, Sesame Oil 5.00
- **Won Ton Dumplings Pot:** Pork & Prawn Dumplings, Rice Noodles, Bak Choi, Spring Onions, Chicken Soup, Sesame Oil 5.00
- **Chilli Chicken Pot:** Chicken, Rice Noodles, Bamboo Shoots, Spinach, Sweetcorn, Mushrooms, Fragrant Asian Soup, Chilli Garlic 5.00 (GF)
- **Veg & Tofu Pot:** Tofu, Rice Noodles, Bak Choi, Edamame Beans, Carrots, Chestnut Mushrooms, Spring Onions, Sesame Oil, Fragrant Asian Soup 4.90 (VG) (GF)

Sweet Things

Selection of **Cakes** 2.20/2.40 (V)

Mallow & Marsh Bar 1.80 (GF)

Chocolate-Covered Mallow Bar
Handmade in UK (less than 150 cal/bar)

- Vanilla in Milk Chocolate
- Raspberry in Dark Chocolate

Cocoa Brownie Bar 1.80 (VG) (GF)

Ice Cream

- Jude's Truly Chocolate Ice-Cream 2.50 (V)
- Jude's Mango Sorbet 2.50 (VG)
- Jude's Salted Caramel 2.80 (V)
- Pip's Rainbow Lolly (100% Organic) 1.20 (VG)

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Food Menu*

Evening Menu – Available After 6.00pm

Nibbles:

- Honey-Glazed Chinese BBQ Chicken Wings 4.50
- Buttery Garlic Bread 2.50 (V)
- Nocellara Olives 2.50 (VG)
- Edamame Beans 2.50 (with Salt or Chilli Flakes) (VG)

Flatbread 'Pizza': Regular 8"/Large 10" (Gluten-Free Pizza Base Available)

- Tomato, Onion & Fresh Spinach 6.50/9.00 (V) (GF 8.50)
- Roasted Mushroom & Onion 6.50/9.00 (V) (GF 8.50)
- Tuna & Sweetcorn 6.50/9.00 (GF 8.50)
- Ham, Onion & Tomato 7.00/9.50 (GF 9.00)
- Double Pepperoni 7.00/9.50 (GF 9.00)

Add Vegan Cheese: Regular +1.00; Large & Gluten-Free +2.00 (VG)

Cheeseboard (for One): (V) 6.50

- **Waterloo** – Delicate Guernsey-milk, full-fat, soft, artisan cheese, from the Village Maid Cheese Co., Reading;
- **Oak Smoked Pendragon** – Buttery, creamy buffalo cheese, Somerset;
- **Shropshire Blue** - a soft textured, mellow, blue cheese with a glorious contrast of colours between the orange hue of the curd and the delicate blue veins.

Served with crackers, grapes and caramelised onion chutney

Check the board for evening specials

After 6.00pm

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