



Food Menu*

All-Day Breakfast (until 4pm)

The Fidget & Bob Breakfast Wrap:

- Sausage, Cheese, Hash Brown, Egg, Baked Beans 4.00
- Mushroom, Cheese, Hash Brown, Egg, Beans 4.00 (V)

Buttered Toast 1.00

Add Jam, Marmalade, Nutella, Marmite, Peanut Butter +0.35EA (V)

Scrambled Eggs:

3 Free-Range Eggs & Toast 4.50 (V)

- **Add:** Smoked Salmon 3.00
- Bacon 1.50
- Bacon + Mushrooms 2.50
- Roasted Mushrooms 1.00 (V)
- Sausage 1.50

Freshly Pressed Raw Juice 2.80 (V)

Check the board or ask at the counter

Freshly Baked Croissants 1.20 (V)

Baked fresh in-store every day

MOMA Porridge 1.80 (V)

*Instant porridge – in a pot!
(Low sugar, gluten-free & vegan options)*

Hot Sandwiches:

- **“The Hangover”** – Sausage, Bacon & Egg 5.50
- Bacon (or Sausage) Sandwich 3.50
- Bacon + Fried Egg Sandwich 4.50
- Sausage + Fried Egg Sandwich 4.50
- Double Fried Egg Sandwich 3.50 (V)

Brioche French Toast served with:

- Bacon & Maple Syrup 4.50
- Fried Egg & Bacon 4.50
- Double Fried Egg 4.00 (V)
- Golden Syrup & Butter 3.00 (V)
- Nutella .50 (V)

Toasties & Sandwiches

Cold Sandwiches:

- Cheese Salad Sandwich 3.50 (V)
- Ham Salad 4.00
- Chicken Salad 4.20
- Tuna Mayo & Cucumber 4.20
- Smoked Salmon & Cream Cheese 4.50

Toasted Paninis: (Gluten-free Panini +0.50)

- **Ham, Wholegrain Mustard**, Cheese, Onion & Tomatoes 4.20
- **Chicken, Ham & Mushroom** 4.30
- **Spicy Pepperoni**, Chilli Garlic Passata, Onion, Peppers, Cheese 4.40
- **Tuna Melt:** Tuna, Mayo, Cheese, Onion 4.50
- **Sweet Potato Pakora**, Chickpeas, Hummus, Pumpkin & Sunflower Seeds, Spinach & Tomatoes 4.30 (VG)

Toasties:

- Ham & Cheese 3.50
- Cheese, Tomato & Onion 3.30 (V)

Please check the board for daily specials

V = Vegetarian VG = Vegan GF = Non-Gluten Containing Ingredients Please speak to staff if you have food allergies.

Eating and drinking together - the original social network.

www.FidgetAndBob.co.uk

Opening Hours – Tuesday - Saturday 0900-2130; Sunday 0900-1800. Monday Closed.

*Last Orders: Food = closing time minus 1 hr; Drinks = closing time minus 30mins



Food Menu*

A Fidget & Bob Special - Home-Made Fresh Soup Noodle Pot

Rice Noodles in Aromatic Soup with

- BBQ Char Sui Pork • Won Ton Dumplings •
- Corn-Fed Chicken • Tofu & Veg (Vegan) •

- **BBQ Char Sui Pork Pot:** BBQ Char Sui Pork, Rice Noodles, Bak Choi, Spring Onions, Chicken Soup, Sesame Oil 5.00
- **Won Ton Dumplings Pot:** Pork & Prawn Dumplings, Rice Noodles, Bak Choi, Spring Onions, Chicken Soup, Sesame Oil 5.00
- **Chilli Chicken Pot:** Chicken, Rice Noodles, Bamboo Shoots, Spinach, Sweetcorn, Mushrooms, Fragrant Asian Soup, Chilli Garlic 5.00 (GF)
- **Veg & Tofu Pot:** Tofu, Rice Noodles, Bak Choi, Edamame Beans, Carrots, Chestnut Mushrooms, Spring Onions, Sesame Oil, Fragrant Asian Soup 4.90 (VG) (GF)

Sweet Things

Selection of **Cakes** 2.20/2.40 (V)

Mallow & Marsh Bar 1.80 (GF)

Chocolate-Covered Mallow Bar
Handmade in UK (less than 150 cal/bar)

- Vanilla in Milk Chocolate
- Raspberry in Dark Chocolate

Cocoa Brownie Bar 1.80 (VG) (GF)

Ice Cream

- Jude's Truly Chocolate Ice-Cream 2.50 (V)
- Jude's Mango Sorbet 2.50 (VG)
- Jude's Salted Caramel 2.80 (V)
- Pip's Rainbow Lolly (100% Organic) 1.20 (VG)

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Food Menu*

Evening Menu – Available After 6.00pm

Nibbles:

- Honey-Glazed Chinese BBQ Chicken Wings 4.50
- Buttery Garlic Bread 2.50 (V)
- Nocellara Olives 2.50 (VG)
- Edamame Beans 2.50 (with Salt or Chilli Flakes) (VG)
- Tomato Salad served w. Olive Oil and Sea Salt (VG)

Flatbread 'Pizza': Regular 8"/Large 10" (Gluten-Free Pizza Base Available)

- Tomato, Onion & Fresh Spinach 6.50/9.00 (V) (GF 8.50)
- Roasted Mushroom & Onion 6.50/9.00 (V) (GF 8.50)
- Tuna & Sweetcorn 6.50/9.00 (GF 8.50)
- Ham, Onion & Tomato 7.00/9.50 (GF 9.00)
- Double Pepperoni 7.00/9.50 (GF 9.00)

Add Vegan Cheese: Regular +1.00; Large & Gluten-Free +2.00 (VG)

Cheeseboard (for One): (V) 6.50

- **Waterloo** – Delicate Guernsey-milk, full-fat, soft, artisan cheese, from the Village Maid Cheese Co., Reading;
- **Oak Smoked Pendragon** – Buttery, creamy buffalo cheese, Somerset;
- **Shropshire Blue** - a soft textured, mellow, blue cheese with a glorious contrast of colours between the orange hue of the curd and the delicate blue veins.

Served with crackers, grapes and caramelised onion chutney

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Evening Menu – Available After 6.00pm

After 6.00pm

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